

December 2026 Schedule

Drop-ins only

Aerial/Dance sidePole side Château de cirque

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
REGISTER THROUGH GROOVIO HERE!	**Always check the location of your class in the description to make sure you're going to the right space!**					
Dec. 14th **6:00-7:00** Floorwork with Violet Beginner Pole with Miz K **7:00-8:30** Inter Aerial Hoop with Violet Pole Conditioning with Miz K	**Dec. 15th** **6:00-7:00** Mindful Stretching with Léanne Beginner Pole with Gazaal **7:00-8:00** Open Aerial Practice Beg/Inter Spin Pole Combos with Marie	**Dec. 16th** **6:00-7:00** Flying Pole with Marie Intro to Pole Inversions with Miz K **7:00-8:00** Beginner Hoop with Marie Open Pole Practice				**Dec. 20th & 27th** **1:30-2:30** Aerial Hammock with Violet **2:30-4:00** Inter Silks with Violet **4:00-5:30** Beg/Inter Straps with Juan
Dec. 21st & 28th **6:00-7:00** Floorwork with Violet Beginner Pole with Miz K **7:00-8:30** Inter Aerial Hoop with Violet Pole Conditioning with Miz K	**Dec. 22nd & 29th** **6:00-7:00** Mindful Stretching with Léanne Beginner Pole with Gazaal					***Please note that Sunday aerial classes take place at Chateau de Cirque, NOT Studio 609***

Subject to change. Click here for the current schedule on Groovio.