



Fall Semester 2026 Schedule

Drop in/ Skill Based Session Open Practice Showcase Session

Session : Sept 7th to Dec 13th Week off : Nov 2nd to 8th
Sessions Registration Deadline : Sept 21st

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
REGISTER THROUGH GROOVIO HERE!						1:30-2:30 Aerial Hammock with Violet
Always check the location of your class in the description to make sure you're going to the right space!						2:30-4:00 Inter Silks with Violet 4:00-5:30 Beg/Inter Straps with Juan
6:00-7:30 Floorwork with Violet 6:00-7:30 Pole Low Flow in heels with Miz K	6:00-7:00 Open Aerial Practice 6:00-7:00 Beginner Pole with Gazaal	6:00-7:00 Flying Pole with Marie 6:00-7:00 Intro to Pole Inversions with Gazaal				*Please note that Sunday aerial classes take place at Chateau de Cirque, NOT Studio 609*
7:30-9:00 Aerial Hoop Flow with Violet 7:30-8:30 Beginner Pole with Miz K	7:00-8:00 Sexy Stretching with Léanne 7:00-8:00 Spin Pole Combos with Marie	7:00-8:00 Open Pole Practice 7:00-8:00 Beginner Hoop with Marie				

Subject to change. [Click here](#) for the current schedule on Groovio.