



Fall Session 2026 Schedule

Drop in/ Skill Based Session Open Practice Showcase Session

\$8 Trial Week : Aug 31st to Sept 6th
 Session : Sept 7th to Dec 13th Week off : Nov 2nd to 8th
 Sessions Registration Deadline : Sept 21st

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
REGISTER THROUGH GROOVIO HERE!						1:30-2:30 Aerial Hammock with Violet
Always check the location of your class in the description to make sure you're going to the right space!				5:00-6:00 Midnight Ballerina with Audrey Absinthe		2:30-4:00 Inter Silks with Violet 4:00-5:30 Beg/Inter Straps with Juan
6:00-7:30 Floorwork with Violet 6:00-7:30 Pole Low Flow in heels with Miz K	6:00-7:30 Beginner Burlesque with Miz K 6:00-7:00 Beginner Pole with Gazaal	6:00-7:00 Flying Pole with Marie 6:00-7:00 Intermediate Pole with Gazaal		6:00-7:30 Pre-professional Burlesque with Audrey Absinthe 6:00-7:00 Intro to Pole Inversions with Miz K		*Please note that Sunday aerial classes take place at Chateau de Cirque, NOT Studio 609*
7:30-9:00 Aerial Hoop Flow with Violet 7:30-9:00 Contemporary Pole with Miz K	7:30-8:30 Sexy Stretching with Léanne 7:00-8:00 Spin Pole Choreo with Marie	7:00-8:00 Beg/Inter Spin Pole Combos with Miz K 7:00-8:00 Beginner Hoop with Marie		7:00-8:00 Inter. Dynamic Pole with Miz K		

Subject to change. [Click here](#) for the current schedule on Groovio.